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## School of Nursing and Health Studies Physical Exam Form

The School of Nursing and Health Studies (SONHS) requires that all nursing students submit valid immunization and physical exam records prior to beginning nursing coursework. Once enrolled, nursing students must remain current and in good standing on each of these requirements or they may be removed from courses and/or clinical activities.

Nursing students must work with their healthcare provider to fill in the physical exam information below. Note that the physical exam must be completed within 1 year of students' program entry date to be considered valid. The deadline to submit physical exam information is August 22<sup>nd</sup> for the fall term, January 15<sup>th</sup> for the spring term, and April 15<sup>th</sup> for the summer term. Failure to submit physical exam information by these deadlines may lead to a CaneLink hold and/or removal from courses and/or clinical activities.

If nursing students are unable to meet the SONHS Technical Standards listed below at any point during the nursing program, they will be removed from courses and/or clinical activities until they are once again able to meet such standards. Students must complete the SONHS Return to School Verification Form with their healthcare professional to be considered for reinstatement.

#### **Student Information** Middle Initial Date of Birth Last Name First Name Age ☐ Spring ☐ Summer Academic Program Year Healthcare Provider Information Middle Initial Title Last Name First Name Address City State Zip Code Phone

### **SONHS Technical Standards**

Nursing education requires that the accumulation of scientific knowledge be accompanied by the simultaneous acquisition of skills and professional attitudes and behaviors. The nursing degrees awarded by the University of Miami SONHS at the completion of the educational process certifies that the individual has acquired a base of knowledge and skills requisite for the practice of nursing at the respective undergraduate or graduate level. To this end, all courses in the curriculum must be completed successfully. In order to acquire the knowledge and skills to function in a variety of clinical situations and to render a wide spectrum of patient care, candidates for the undergraduate and graduate degrees in nursing must have abilities and skills in five areas:

Observation Communication Motor Conceptual-Integrative Behavioral-Social

Technological compensation can be made for some disabilities in certain of these areas, but a candidate should be able to perform in a reasonably independent manner and exercise independent judgment.

### Observation

The candidate must be able to observe demonstrations and participate in didactic courses and simulated learning opportunities. A candidate must be able to observe a patient accurately at a distance and close at hand. Observation requires the use of common sense, as well as the functional use of the senses of vision, audition, olfaction, and palpation.

### Communication

Candidates must communicate effectively using English in clinical and classroom settings. A candidate must be able to elicit information from patients, describe changes in mood, activity and posture, and perceive nonverbal communications. A candidate must be able to communicate effectively and sensitively with patients. Communication includes not only speech, but reading and writing. The candidate must be able to communicate effectively and efficiently with all members of the health care team in both immediate and recorded modes.

### Motor

Candidates should have sufficient motor function to elicit information from patients by palpation, auscultation, percussion and other assessment techniques. A candidate should be able to perform nursing skills requiring the use of gross and fine motor skills (e.g., IV insertion, venous blood draw, urinary catheter insertion). A candidate should be able to execute motor movements reasonably required to provide nursing care and emergency response to patients. Examples of emergency responses reasonably required of nurses are cardiopulmonary resuscitation, medication administration, and application of pressure to stop bleeding.



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Candidates must perform actions which require the use of both gross and fine muscular movements, equilibrium, and functional use of the senses of touch and vision. Candidates should also be able to assist and/or participate in various lifting activities.

## **Conceptual-Integrative**

These abilities include measurement, calculation, reasoning, analysis, synthesis, and retention of complex information. Critical thinking requires all of these intellectual abilities in order to provide optimal nursing care. In addition, the candidate should be able to comprehend three-dimensional relationships and to understand the spatial relationships of structures.

#### Behavioral-Social

Candidates must possess the emotional health required for the full use of their intellectual abilities, the exercise of good judgment, the prompt completion of all responsibilities attendant to the care of patients, and the development of mature, sensitive and effective relationships with patients. Candidates must be able to tolerate physically taxing workloads and to function effectively under stress in the classroom and clinical area. They must be able to adapt to changing environments, display flexibility and learn to function in the face of uncertainties inherent in the clinical environment. Compassion, integrity, concern for others, interpersonal skills, interest and motivation are all personal qualities that are assessed during the admissions and educational process.

Reasonable accommodations will be considered on a case by case basis for individuals who meet eligibility under applicable statutes. Any person expecting to need accommodations should request them prior to beginning the program, as some accommodations may not be considered reasonable and may impact an applicant's ability to complete all components of the program.

				Physic	ıl Exam		
When was the exam	conducted?						
		Month	Day	Year			
Note that the physic	al exam <b>mus</b> t	t be comple	eted withi	n 1 year of	tudents' program	entry date to be considered	valid.
						tudent free of communicable activities required by the nu	
Choose one:	☐ Yes ☐ Ye	s but see com	ments below	□ No			
Comments:							
	below that th	e student m		ONHS Tech		is free of communicable dis	ease.
Student*:	Signature		Date	Hea	Ithcare Provider: _	Signature	Date
	C					- C	

## **Upload and Clearance Information**

Students must upload their SONHS Physical Exam Form to the SONHS' American DataBank Complio system. Students can pull copies of their physical exam records from the Complio system at any time.

\*Note: The student's signature is required if the student is 18 years of age or older. Otherwise, this must be signed by a parent or legal guardian.